



Aquasonics Artistic Swim Club Team and Routine Placement Policy

(Approved 2015 - Revised August 2023)

Programs and athlete team placement are developed with the expertise of the HeadCoach /Technical Director as well as Team Coaches. The Board is responsible for overseeing programs, in order to ensure that the Club remains financially accountable.

Pre-Season Program Plan

The Headcoach in consultation with Team Coaches, will prepare a Pre-Season Program Plan and submit that Plan to the Board before the start of each annual season by a date specified by the Board. The Pre-Season Program Plan will address the following items:

- the anticipated Program for the coming season for each Long Term Athlete Development (LTAD) Stage
(<http://artisticswimming.ca/wp-content/uploads/2019/04/CAS-LTAD-Framework-2.1-April-7-2019.pdf>);
- the expected number of teams for each LTAD stage and likely size for each team (i.e. the total number of Athletes who would swim on each team);
- the expected number of extra routines and their size/type (e.g. solos, duets, etc.) that are likely to be established for each LTAD stage;
- the anticipated number of coaches the Club will need to hire for the coming season;
- the name of each Coach who will likely be responsible for coaching each team or extra routine, if known;
- the anticipated days of the week, times, and pools that each team or extra routine will be assigned for practices throughout the season;
- such other factors as may be directed by Board Resolution.

Placement on Teams and awarding Solos and Duets

Not all age groups will offer solos and duets in any given season; sometimes it is better to focus on basic skill development for the long-term good of the athletes. Solos and duets are a privilege and not a right. The Headcoach/Technical Director, in consultation



with the Team Coaches, will consider the following factors when determining each Athlete's placement on a team or in an solo and/or duet:

- the availability of coaches to choreograph and train the solo or duet;
- the Athlete's ability (as measured by Fall training, club testing, and competition results) and flexibility;
- the Athlete's attitude, dedication, and maturity;
- the amount of time that the Athlete is expected to be able devote to the team or a solo or duet; and
- whether or not the Athlete was an Athlete Member in good standing in the previous Membership Year.

Parent(s) will be notified before the offer of a solo or duet is made to an athlete. Parent(s) will also be made aware of the expected time commitment and financial commitment. Parent(s) must agree prior to the offer being made to the athlete. Offers of solos and duets will be made after Fall Training, once the coaches have become familiar with the abilities of the athletes.

Final Program Plan

At the conclusion of Fall Training, in early October, the Headcoach/Technical Director will develop a Final Program Plan in consultation with Team Coaches, addressing each of the items listed in the Pre-Season Program Plan, as well as the following additional items:

- the name of each Athlete who will be swimming on each team and/or in an extra routine for each LTAD Stage;
- such items factors as the Board sees fit.

The Final Program Plan may be revised by the Board from time to time, having regard to any recommendations provided by the Headcoach/Technical Director, over the course of the season.